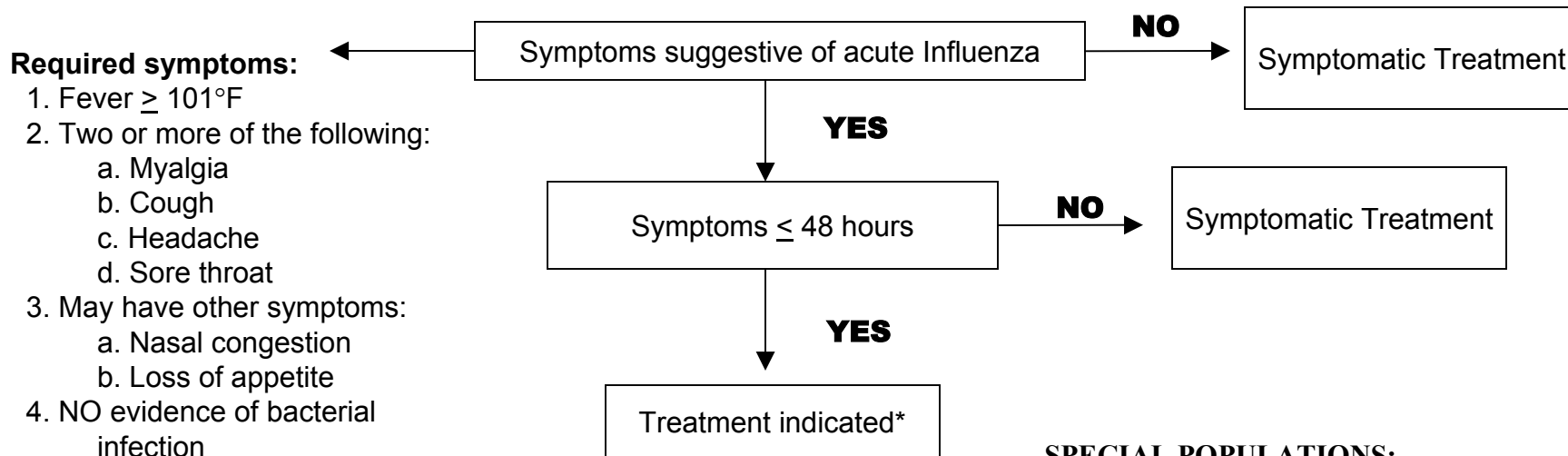


PEDIATRIC INFLUENZA PRACTICE GUIDELINE 2003



***Treatment:**

Influenza A:

Amantadine: (100mg caps or 50mg/5ml syrup)

Age ≥ 1 -9: 5mg/kg/day up to 150mg in 2 divided doses

Age ≥ 10 : 100mg twice daily (< 40kg give 5mg/kg/day)

SPECIAL POPULATIONS:

1. History of Seizures: Avoid amantadine

Influenza B, unknown influenza serotype, or severe symptoms:

Contact Inpatient Pharmacy for Availability 524-4400

1. Oseltamivir (Tamiflu®) 75mg capsules or 12mg/ml suspension. Dosing based on weight::

$\leq 15\text{kg}$: 30mg twice daily for 5 days

16-23 kg: 45mg twice daily for 5 days

24-40 kg: 60mg twice daily for 5 days

Children > 40 kg : 75mg twice daily for 5 days

2. Zanamavir (Relenza®)*

Age ≥ 7 : Two 5mg inhalations twice daily for 5 days

***DO NOT USE in ASTHMA, or CHRONIC PULMONARY DISEASE**